# Camp GonnaWannaFLY Control Journal



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#### Welcome Campers!

Everyone is a camper at FlyLady's Camp GonnaWannaFLY; this is a family camp. Anyone can get their wings at our fun summer camp. What are we waiting for! It is time to FLY!

We are going to have some great fun this week as well as learn some habits that will make our lives easier when camp is over.

Start your camp session by have a camp meeting around your kitchen table. Get the campers to help you decide on the fun and games you can do this week.

We love to have fun but we have to get our camp spruced up before we can go play.

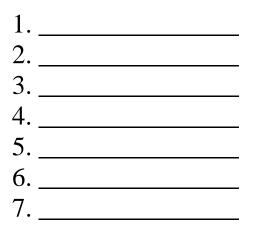
FlyLady Director of Camp GonnaWannaFLY

## Camp Activity List

This is just the beginning! Add your own activities! Ask your campers what fun things they want to do and add these to the list.

- 1. Swimming
- 2. Hiking
- 3. Arts and Crafts
- 4. Story Time
- 5. Games
- 6. Scavenger Hunt
- 7. Dancing
- 8. \_\_\_\_\_ 9. \_\_\_\_\_
- 10.\_\_\_\_\_
- 11. \_\_\_\_\_

Now list some things you want to do for yourself.



# LIST OF CAMPER CHORES

- 1. Make bed
- 2. Gather up dirty clothes
- 3. Put clean clothes away
- 4. Put away toys
- **5.** Fling clutter
- 6. Take out trash
- 7. Read a book
- 8. Write a letter
- 9. Water break
- **10. Exercise time**
- **11. Listen to Music**
- 12. Put on a skit
- 13.\_\_\_\_\_ 14.\_\_\_\_\_
- 15.\_\_\_\_\_
- 16.\_\_\_\_\_

# Lights Out Routine

- 1. Lay out clothes for tomorrow
- 2. Wash face, brush teeth, moisturize
- 3. Clear off any Hot Spots
- 4. Check Calendar for tomorrow's Camp activities
- 5.\_\_\_\_\_
- 6.\_\_\_\_\_

## 7. LIGHTS OUT AT A DECENT HOUR!! Get to sleep; fun to be had tomorrow!

# **Camp Get Moving In the Morning Schedule**

1. Get up and make bed immediately

2. Shower and get dressed to shoes, hair and face.	
3. While you are in the shower house; pick up after yourself.	
4. Head the Camp Mess Hall for breakfast.	
5. Clean up after breakfast, put things away, wash dishes and sweep floo	r
6. Morning exercise	
7. Group activity	
8	
9	
0. Lunch and clean up afterwards	
1	
2	
3	
4. Dinner and clean up afterwards	
5. Daily awards; put sticker on a chart or a calendar	
6	
7	
8. Lights Out Routine	

#### Camp GonnaWannaFLY Week Schedule Main Fun Activity for the Day

SUNDAY	
MONDAY	
TUESDAY	
WEDNESDAY	
THURSDAY	
FRIDAY	
SATURDAY	

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### Awards; Everyone Loves Competition and Recognition!

- 1. Give a reward for an orderly cabin.
- 2. Give a reward for good attitude
- 3. Give a reward for team work
- 4. Give a reward for being on time

Ask your campers for their ideas on this and what to use as a reward. Stickers are always great; As are ribbons and beads to make necklaces.

 5.

 6.

 7.

I hope you have a great time at Camp GonnaWannaFLY and plan to use your new skills when camp is over.