

# Camp GonnaWannaFLY Control Journal



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Welcome Campers!

Everyone is a camper at  
FlyLady's Camp GonnaWannaFLY;  
this is a family camp. Anyone can get their  
wings at our fun summer camp. What are we  
waiting for! It is time to FLY!

We are going to have some great fun this week  
as well as learn some habits that will make our  
lives easier when camp is over.

Start your camp session by have a camp meeting  
around your kitchen table. Get the campers to  
help you decide on the fun and games you can  
do this week.

We love to have fun but we have to get our  
camp spruced up before we can go play.

FlyLady  
Director of Camp GonnaWannaFLY

## Camp Activity List

This is just the beginning! Add your own activities!  
Ask your campers what fun things they want to do  
and add these to the list.

1. Swimming
2. Hiking
3. Arts and Crafts
4. Story Time
5. Games
6. Scavenger Hunt
7. Dancing
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_

Now list some things you want to do for yourself.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_

## LIST OF CAMPER CHORES

1. Make bed
2. Gather up dirty clothes
3. Put clean clothes away
4. Put away toys
5. Fling clutter
6. Take out trash
7. Read a book
8. Write a letter
9. Water break
10. Exercise time
11. Listen to Music
12. Put on a skit
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_
16. \_\_\_\_\_

# Lights Out Routine

This starts after dinner

1. Lay out clothes for tomorrow
2. Wash face, brush teeth, moisturize
3. Clear off any Hot Spots
4. Check Calendar for tomorrow's Camp activities
5. \_\_\_\_\_
6. \_\_\_\_\_
7. **LIGHTS OUT AT A DECENT HOUR!!**  
**Get to sleep; fun to be had tomorrow!**

# Camp Get Moving In the Morning Schedule

1. Get up and make bed immediately
2. Shower and get dressed to shoes, hair and face.
3. While you are in the shower house; pick up after yourself.
4. Head the Camp Mess Hall for breakfast.
5. Clean up after breakfast, put things away, wash dishes and sweep floor
6. Morning exercise
7. Group activity
8. \_\_\_\_\_
9. \_\_\_\_\_
10. Lunch and clean up afterwards
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. Dinner and clean up afterwards
15. Daily awards; put sticker on a chart or a calendar
16. \_\_\_\_\_
17. \_\_\_\_\_
18. Lights Out Routine

# Camp GonnaWannaFLY Week Schedule

Main Fun Activity for the Day

SUNDAY \_\_\_\_\_

MONDAY \_\_\_\_\_

TUESDAY \_\_\_\_\_

WEDNESDAY \_\_\_\_\_

THURSDAY \_\_\_\_\_

FRIDAY \_\_\_\_\_

SATURDAY \_\_\_\_\_

## **Awards; Everyone Loves Competition and Recognition!**

1. Give a reward for an orderly cabin.
2. Give a reward for good attitude
3. Give a reward for team work
4. Give a reward for being on time

Ask your campers for their ideas on this and what to use as a reward. Stickers are always great; As are ribbons and beads to make necklaces.

5. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

I hope you have a great time at Camp GonnaWannaFLY and plan to use your new skills when camp is over.