

# FlyLady's Packing Control Journal

*Your Guide to Traveling and having enough clothes!*



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# Questions about your Travel Plans?

The first question you answer is HOW??

Car? Plane? Ship?

Answer \_\_\_\_\_

How many people are traveling with you? Answer \_\_\_\_\_

Now List them:

- |          |           |
|----------|-----------|
| 1. _____ | 2. _____  |
| 3. _____ | 4. _____  |
| 5. _____ | 6. _____  |
| 7. _____ | 8. _____  |
| 9. _____ | 10. _____ |

How many days will you be away from home? \_\_\_\_\_

Will you have access to a washing machine? \_\_\_\_\_

How many different places will you be staying? \_\_\_\_\_

List them. For example will you have one travel day that you will be in a hotel or are you going to visit several different relatives along the way?

- |          |          |          |
|----------|----------|----------|
| 1. _____ | 2. _____ | 3. _____ |
| 4. _____ | 5. _____ | 6. _____ |

How many dress-up events will you be attending? \_\_\_\_\_

List them: Example: Church, Party, and Fancy Dinner,

- |          |          |          |
|----------|----------|----------|
| 1. _____ | 2. _____ | 3. _____ |
| 4. _____ | 5. _____ | 6. _____ |

## On the Road Again!

If you are spending the night on the road or traveling on a plane; you may want to pack one little bag just for the overnight stay; so you don't have to unpack the whole car to go into a hotel or your luggage gets lost. This will be the last bag you put in the car so it will be on top or it will be a carry-on piece of luggage along with your medicine/bathroom bag. So in this bag you will need one change of underwear for each person and maybe a change of clothes if you are messy riders in the car. You may be able to get by with wearing the clothes you wore the day before. Be prepared for the baby to spit up or spills. Then you will need an empty duffle bag for your dirty clothes. This will become your hamper while you are traveling. If you have access to a washing machine you will only need to take about half of the clothes that you would otherwise. A bathroom bag; this is the family bag with toiletries for everyone. Your personal items will go in your makeup bag, shaving bag or diaper bag.

### **Here is what you will pack in the car.**

One suitcase for each person traveling (small duffle bags take up less room and pack better in the car. Kelly and I are the queens of packing.)

One Family Bathroom Bag with Ziplock bags preventing spills.

A Bag with Snacks and Water

Computer Bag (I don't go anywhere without mine)

Gifts if you have room or ship them early if you don't

A small backpack for each child with their books, toys and games.

Directions for getting there and a map. I don't trust MapQuest.

Coats, umbrella, a blanket if people get cold and little pillows.

And if you have several dress-up events you may want to pack all the good clothes for the whole family into one bag so the holiday clothes do not get riffled through in the children's bags or worn without you knowing. In this bag include the whole outfit; from head to toe: Hairbows, jewelry, stockings, tights, socks, shoes. You may not be able to get the shoes in the bag so put them in a canvas tote.

## Packing List

Make a copy for each person traveling. Keep this in your Holiday Control Journal.

**Traveling Clothes:** Comfortable clothes: Jeans, Jogging suits.

Lay these out and don't pack them.

Pants, Shirt, underwear, socks, shoes, sweatshirt, coat, hat gloves.

(Layer up so you can shed layers as it gets warmer)

**Backpack for Car:** Books, games, DVDs, colors, extra batteries, other \_\_\_\_\_

### For the Duffle Bag:

Underwear \_\_\_\_\_ One pair for each day or 1/2 if you have access to washer and dryer.

Bra \_\_\_\_\_ white, colored, black.

Socks \_\_\_\_\_ One pair for each day or 1/2 if you have access to washer and dryer.

Pajamas and robe.

Pants \_\_\_\_\_ One pair for each day or 1/2 if you have access to washer and dryer.

Shirts \_\_\_\_\_ One pair for each day or 1/2 if you have access to washer and dryer.

Sweatshirts \_\_\_\_\_

Shoes; Tennis, casual and dress-up and house shoes or slipper socks

**Dress-up Clothes for \_\_\_\_\_ number of occasions.**

\_\_\_ Dress \_\_\_ Skirt \_\_\_ Blouse \_\_\_ Stockings/tights

\_\_\_ Slacks \_\_\_ Shirt \_\_\_ Sweater \_\_\_ Socks

\_\_\_ Shoes Don't forget dress shoes.

\_\_\_ Hairbows

\_\_\_ Jewelry

**Don't forget your:**

Personal Make up Bag, Medication, Diaper bag, Shaving gear.

Glasses, sunglasses, money, purse, tickets, travel documents.

# Bathroom Bag

If you have a large family you may need to take larger sizes.

## Teeth:

Toothbrushes (all)  
Dental floss  
Mouth Wash  
Toothpaste

## Body:

Body Wash  
Lotion  
Deodorant  
Powder  
Q-Tips  
Cotton Balls

## Hair:

Brush/comb  
Pick  
Hair spray  
Shampoo  
Conditioner  
Hair Dryer  
Curling Iron  
Hair Gel

## Other:

Razor  
Tweezers  
Magnifying Mirror  
Flashlight  
Night Light  
Sewing Kit  
Pen and notepad  
Cell Phone Charger  
Nail Clippers  
4 Quarters  
Small Pliers  
Swiss Army Knife  
In suitcase if flying

## Medicines:

Antacids  
Tylenol  
Aspirin  
Vitamins  
Benadryl  
Advil  
Cough Syrup  
Children Meds  
Adult Meds  
Car Sick Pill  
Other

# Makeup Bag:

For each lady

Cleanser  
Toner  
Moisturizer  
Concealer  
Foundation  
Blush  
Eye shadow  
Eye liner  
Lip liner  
Lipstick  
Lip Gloss  
Face Powder  
Baby Powder  
Deodorant  
Perfume

# Shaving Gear

For the guy

Electric Razor  
Shaving Cream  
Face Lotion  
Cologne  
Deodorant  
Hair Gel

# Diaper Bag

For the Baby

Diapers  
Burp pads  
Bottles  
Ointment  
Change of clothes  
Baby Wipes  
Garbage bag  
Pacifer  
Toys small or Book  
Hand Sanitizer  
Wet Ones

## Time to Load Up the Car!

Now what could we have forgotten? Take a few minutes to sit down with a cup of tea and go over this list before you pack up the car. Does all your luggage have tags?

If you have a baby are you taking your travel babybed? If yes then pack it first; unless you want to use it if you are staying in a hotel on the way to your destination. Then it will be one of the last things you pack.

Now depending on whether you have a car with a trunk, a Van or SUV. You may want to use a cargo net to hold the luggage in place in the event of an accident. I have a station wagon and I use my cargo net all the time. You can get them at the auto parts store or WalMart.

Position the cargo net in the vehicle if you are using one. It goes first because it has to be hooked in place around the luggage. Then get all the luggage staged by the back door: If you have helpers.

Put the luggage that you will not need and the gifts that you want to hide in first. Keep the things that you will need easy access to toward the last and on top. Make sure that each child has his or her backpack and coat. Coats can go on top of the luggage. Children don't need to wear coats while they are strapped into car seats. Keep a place for the snack bag and water bottles; strapped in and easy access.

Now where is your purse, the extra set of car keys, some Wet Ones, tickets, maps and some holiday music? You are ready to Go!!!